

May 9, 2012

## SUPPORT GROUPS

### Bereavement camp

Family Hospice and Palliative Care, Mt. Lebanon, is accepting registrations for its annual Camp Healing Hearts, a free day camp for grieving children, ages 6-12, and their parent(s) or guardian(s).

Conducted by experienced bereavement specialists, the camp consists of fun and healing exercises. Activities include art and music sessions, the creation of a memory box, an educational obstacle course, lunch and more.

There is no cost to attend.

Camp Healing Hearts will be held from 9 a.m. to 3:30 p.m. at the following locations on these dates:

■ June 2 - The Center for Compassionate Care, Moffet Street, Mt. Lebanon

■ June 16 - Bidwell U.P. Church, Liverpool Street, North Side

■ June 30 - St. Nicholas Serbian Orthodox Church, Haymaker Road, Monroeville

The camp is open to the community, and registrations are now being accepted. To register, call the Family Hospice Bereavement Department at 412-572-8829 or register online at [www.FamilyHospice.com](http://www.FamilyHospice.com). Space is limited. Register 10 days before the camp.

### Bereavement

Family Hospice and Palliative Care, offers free bereavement support groups, including a six-week "Growing Through Grief: Rebuilding Hope" program.

This free program is for anyone coping with the loss of a loved one. Experienced bereavement counselors create a welcome setting for those dealing with a difficult loss.

Two sessions are scheduled:

■ Jefferson Regional Medical Center, Jefferson Hills – 6:30 to 8:30 p.m. Mondays, through May 15 (May 15 is a Tuesday) in the James Bibro Pavilion Conference Center.

■ Southminster House, Mt. Lebanon – 1 to 3 p.m. Wednesdays, through May 23.

Register at 412-572-8829, or online at [www.familyhospice.com](http://www.familyhospice.com).

FH&PC also offers these free on-going support groups:

■ The Center for Compassionate Care, Mt. Lebanon – 7 to 8:30 p.m. the third Monday of every month.

■ Southminster House, Mt. Lebanon – 1 to 2:30 p.m. the second Tuesday of every month.

■ Baldwin Community United Methodist Church, Whitehall – 7 to 8:30 p.m. the first Wednesday of every month.

No registration required. For details, call the Family Hospice Bereavement Department at 412-572-8829.