

COMMUNITY BEREAVEMENT SUPPORT GROUPS

Growing Through Grief:

Rebuilding Hope is a six-week bereavement program offered free for anyone coping with the loss of a loved one. Experienced bereavement counselors create a welcome setting for those dealing with a difficult loss. Two sessions are scheduled:

Jefferson Regional Medical Center, located at 565 Coal Valley Road, at the James Bibro Pavilion Conference Center on Mondays, April 9 - May 15 (May 15 is a Tuesday) from 6:30 - 8:30 p.m.

Southminster House, located at 801 Washington Road, on Wednesdays, April 18 - May 23 from 1 - 3 p.m.

Space is limited to the first 25 attendees. Pre-registration is required. To register, please call the Family Hospice Bereavement Department at 412-572-8829, or visit www.familyhospice.com.

Ongoing Support Groups:

The Center for Compassionate Care, located at 50 Moffett Street, Mt. Lebanon on the third Monday of every month from 7 - 8:30 p.m.

Southminster House, located at 801 Washington Road, Mt. Lebanon on the second Tuesday of every month from 1 - 2:30 p.m.

Baldwin Community United Methodist Church, located at 5001 Baptist Road, Whitehall on the first Wednesday of every month from 7 - 8:30 p.m.

All groups listed are free to the public. No registration required. For more information on these South Hills support groups, contact the Family Hospice Bereavement Department at 412-572-8829.

March, 2012