



Western Pennsylvania Guide to Good Health

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VA Benefits for Seniors
Join Jefferson Hills Manor and Home Instead Senior Care for a free evening seminar focusing on the services that are provided to seniors through the Veterans Administration. Wednesday, May 16, 2012 at 5:30 PM at Jefferson Hills Manor, 448 Old Clairton Road, Clairton, PA 15025. Veterans, spouses, and families are invited to take part in this informative session. RSVP by May 14 to Jennifer Scott, (412) 532-2678 or jscott@jeffersonhillsm Manor.com

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According to the Centers for Disease Control and Prevention (CDC), nearly 68 percent of U.S. adults age 20 and older are overweight or obese, and 48 percent of the nation's children and adolescents ages 2 to 19 are overweight or obese.

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Family Hospice and Palliative Care held its 25th annual Golf Benefit Monday May 7 at Valley Brook Country Club in McMurray. More than 110 golfers took part in the event that benefits the non-profit hospice's patient and family services. Pictured at the Golf Benefit are Rona Nesbit of the Pittsburgh Cultural Trust, Maureen Haggarty of Family Hospice, and U.S. District Judge Maurice Cohill.

