

Pittsburgh Post-Gazette

ONE OF AMERICA'S GREAT NEWSPAPERS

MONDAY, JULY 16, 2012

Health Happenings

Seminars/Lectures

Asbury Heights, 700 Bower Hill Road, Mt. Lebanon, in conjunction with Family Hospice & Palliative Care, is presenting an evening with nationally renowned dementia expert and occupational therapist Teepa Snow from 6-8 p.m. Thursday. Space is limited. For reservations, call 412-571-5663.

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SATURDAY, JULY 7, 2012

Mt. Lebanon's Gentlemen's Garden Tour Shows a Male Perspective on Planting

By Kevin Kirkland

"If you really want to get up at 6 a.m., it isn't to beat your buddies for a tee time but to go into the garden and enjoy your efforts -- or to see what the deer ate during the night," he wrote in an email.

For some men, the challenges are both aesthetic and physical. John Polena worked with his sons to build a natural-looking waterfall and two ponds. This year, he and his wife, Cory, brought in large rocks to decoratively channel runoff on a hillside.