

# Pittsburgh Post-Gazette

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## Health Events

Compiled by Rick Nowlin

### Walks for Good Causes

**Family Hospice and Palliative Care** is sponsoring a Memorial Walk at 6:45 p.m. Oct. 2 along the Three Rivers Heritage Trail. Registration and pre-walk festivities begin at 6 p.m. at South 24th and Sidney streets, South Side. The \$25 registration fee includes a Memorial Walk T-shirt. Children age 12 and under walk free; and children's T-shirts may be purchased for \$10. Pets on a leash are welcome. Call 412-572-8812.

### Seminars/Lectures

**Family Hospice and Palliative Care** is sponsoring "Ask the Experts: Advance Directives and Hospice Care" from 6:30 to 8:30 p.m. Oct. 4 at St. Stephen Catholic Parish, 5115 Second Ave., Hazelwood. Presenters are Andrew Sykes, elder law attorney; Amy Van Dyke, bioethicist with UPMC; Dr. Susan Hunt, Family Hospice chief medical officer; and Eric Horwith, Family Hospice community liaison manager. For reservations, call 412-421-9210.