



Fall Home & Garden Guide
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SPORTS: Ringgold Rams Prepare for Season
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UNION-FINLEY MESSENGER



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Community Bereavement Support Offered by Family Hospice

Family Hospice presents "Camp Healing Hearts" - a free bereavement camp for grieving children. Open to any child in the community (age 6-12) who is coping with loss Camp Healing Hearts is conducted by Family Hospice's experienced bereavement specialists, and consists of fun and healing exercises that

help children realize that their feelings are normal - and shared by others. Activities include art and music sessions, the creation of a memory box, educational obstacle course, lunch and more. There is no cost to attend, thanks to generous funding by the Rite Aid Foundation; the Pittsburgh Pirates Alumni Foundation, and Town Hall South.

Saturday, October 6, 9 a.m. - 3:30 p.m., at Family Hospice's Center for Compassionate Care, 50 Moffett St., Mt. Lebanon.

Registrations are being accepted, please call the Family Hospice Bereavement Department, at 412-572-8829, or register on-line at www.FamilyHospice.com.

Growing Through Grief is a six-week bereavement support program offered free by Family Hospice to the community. Growing Through Grief will take place:

- Wednesdays, 1-3 p.m., Sept. 26 through Oct. 31 at Southminster House, 801 Washington Rd. in Mt. Lebanon.

Pre-registration is required. Please call 412-572-8829, or visit www.FamilyHospice.com, to register and for more information.

On-going Support Groups

- The Center for Compassionate Care 50 Moffett St., Mt. Lebanon, third Monday of every month; 7-8:30 p.m.
- Southminster House 801 Washington Rd., Mt. Lebanon, second Tuesday of every month; 1-2:30 p.m.
- Baldwin Community United Methodist Church 5001 Baptist Rd., Whitehall, first Thursday of every month; 7-8:30 p.m.
- All above are free to the public. No registration required.

For more information on these South Hills support groups, contact the Family Hospice Bereavement Dept., at 412-572-8829.